



VOLUNTEER PACKET

Our Concerns:

1. Being safe
2. Having fun
3. Getting some work done

What to Bring With You:

1. Water Bottle
2. Liability Waiver

We also recommend that you bring tools that you can carry with you if you have them, here are some examples:

1. Hammer
2. Nail apron or tool belt
3. Measuring tape
4. Pencils
5. Safety glasses
6. Hard hat
7. Work gloves
8. Work boots or shoes

What to expect:

- 8:00 AM Safety Meeting
- 10:00 AM Break
- 12:00 PM Lunch
- 3:00 PM Finish

Please sign in at the house where you will be working. There should be a site host to accept your liability waiver and help you with sign in procedures.

After the entire group meets at 8:00 AM, each house will meet to discuss what work will be done that day. The work will be explained to you and safety will be reiterated in more specific detail.



SAFETY CHECKLIST

GENERAL SAFETY

1. Speak up – if something looks unsafe, it probably is. An observer can spot danger quicker than a worker can.
2. Don't lift beyond your strength. Get a partner. Remember to bend your knees. Lift with your back straight.
3. Keep an eye on your load as you move and turn so as not to whack someone with a board.
4. Do not run when carrying tools or materials.
5. Know where the water and the first aid kit are located.
6. Tell the house leader immediately in the event of an injury.
7. **Think and concentrate** on your task.
8. If you are uncertain about how to do a task, or how to operate a power tool, **ask** your Crew Leader.

CLOTHING

- 1 Clothing should be loose enough to permit easy bending but not loose enough to get caught in moving tools.
- 2 Do not wear loose clothing or jewelry that can get caught in tools.
- 3 Wear clothing appropriate for the weather and the work. Shorts and tank tops are NOT permitted.
- 4 Wear closed-toed and closed-healed shoes at all times. Sandals are not permitted.